



RICHARDSON CLASS SCHEDULE

	BOXING	KICKBOXING	BJJ	KIDS CLASS
MONDAY	6:00 AM (Level 1) 12:00 PM (Level 1) 7:30 PM (Level 3)	5:30 PM (Level 1) 6:30 PM (Level 2) 7:30 PM (Level 3)	6:00 AM 11:00 AM 6:30 PM (Beginner) 7:30 PM (Advanced)	4:00 PM (Lion Cubs) 4:30 PM (Boxing) 5:15 PM (BJJ)
TUESDAY	5:30 PM (Level 1)	6:00 AM (Level 1) 11:00 AM (Muay Thai) 6:30 PM (Level 1)	12:00 PM 6:15 PM (Wrestling) 6:30 PM (Beginner) 7:30 PM (Advanced)	4:00 PM (Lion Cubs) 4:30 PM (Wrestling) 5:15 PM (Boxing)
WEDNESDAY	6:00 AM (Level 1) 12:00 PM (Level 1) 6:30 PM (Level 1) 7:30 PM (Level 3)	5:30 PM (Level 1)	6:00 AM 11:00 AM 6:30 PM (Beginner) 7:30 PM (Advanced)	4:00 PM (Lion Cubs) 4:30 PM (BJJ) 5:15 PM (Boxing)
THURSDAY	6:30 PM (Level 1)	6:00 AM (Level 1) 11:00 AM (Muay Thai) 5:30 PM (Level 1)	12:00 PM (No GI All Day) 6:30 PM (Beginner) 7:30 PM (Advanced)	4:00 PM (Lion Cubs) 4:30 PM (BJJ) 5:15 PM (Boxing)
FRIDAY	6:00 AM (Level 1) 11:00 AM (Level 2) 12:00 PM (Level 1) 5:30 PM (Level 1)	None	6:00 AM (No GI)	None
SATURDAY	12:00 PM (Level 1)	9:00 AM (Level 1) 10:00 AM (Level 2) 11:00 AM (Level 3)	None	9:30 AM (Lion Cubs) 10:00 AM (Boxing) 11:00 AM (BJJ)